



HEART WALK

Saturday, October 7th, 2023
Islanders Field in River Islands
1051 River Islands Parkway, Lathrop, CA

We Walk to Save Lives!

Nothing unites us like doing good together!

Every one of us has a connection, a person, a **why** to get out there and make a difference when it comes to the #1 and #5 causes of death: *heart disease* and *stroke*. So, let's be **bold**, be **CONFIDENT**, be *life changing* and let's step out together and save some lives. We'll help raise money for life-saving research and also have some fun along the way!

Sign up to participate, to lead a team in your neighborhood, to donate, to recruit friends and family — then, we will walk TOGETHER!

Scan the QR code to get started!



River Islands is a proud local sponsor of the Heart Walk

